Join in with our March of the Elephants or Dance Wiggle events
Take part in a challenge event with colleagues or set up a Give As You Earn event
Organise a Chilli Challenge or get your RAG team to support our local projects
Contact us for a collection box for your business, local shop or pub
Take on a challenge - bike, hike, run, jog or walk either in the UK or abroad
Nominate us at your local Waitrose, Tesco, Asda or Sainsbury’s for their local community fundraising scheme
Organise a charity ball or fundraising evening
Take part in our Give It Up challenge and raise sponsorship by quitting smoking, drinking, coffee or chocolate
Raise funds with a wear-what-you-like day
In Memory – raise funds in memory of a loved one and help create a lasting legacy

www.happydayscharity.org
@HappyDaysCharityUK
@HappyDays_UK
Happy Days Children’s Charity
linkedin.com/in/happydayscharity
Happy Days Children’s Charity
JustGiving.com/happydayscharity

Happy Days Children’s Charity
Clody House
10-12 Collingdon Street
Luton
LU1 1RX
Tel: 01582 651234
Email: campaigns@happydayscharity.org

Looking after Aroob takes a lot of time and effort, and once her parents struggled to make ends meet. Happy Days organised a break for the whole family, giving them a much needed holiday and a chance to forget their worries for a few days.

Aroob from Sheffield is six and has a severe neurological disorder. She is unable to walk or talk, has epilepsy and requires a feeding tube. But she doesn’t stop her from being super happy and smiley as you can see from this photo of Aroob with her little brother!

Aroob’s Story

Contact us for a collection box for your business, local shop or pub
Take on a challenge - bike, hike, run, jog or walk either in the UK or abroad
Take on a skydive or a wing walk
Nominate us at your local Waitrose, Tesco, Asda or Sainsbury’s for their local community fundraising scheme
Organise a charity ball or fundraising evening
Take part in our Give It Up challenge and raise sponsorship by quitting smoking, drinking, coffee or chocolate
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However you decide to help, get in touch and we’ll be on hand to give you plenty of practical advice and materials to support your efforts.
Since 1992, Happy Days has been organising and funding special days such as trips to the seaside, theatres, zoos, museums, outdoor activity centres, sporting events and other educative and cultural activities for children living with mental, physical and emotional difficulties.

Who Do We Help?

• Children with terminal and serious medical illnesses such as cancer and HIV
• With learning disabilities such as autism
• With physical difficulties including those who are wheelchair bound, have sight or hearing problems
• Who have been the victims of sexual or physical abuse
• Who have lost a family member
• Young carers
• Children struggling with eating disorders, self-harm or anxiety
• Children struggling with difficulties in their lives by removing barriers

Our day trips, holidays and activities are so much more than just a nice day out

• It’s something to look forward to
• We remove barriers giving children the chance to escape isolation
• It’s an opportunity to meet new friends and create a network for support now and into the future
• It’s a chance to develop new skills
• It helps kids develop independence
• It allows them to socialise with new people in different ways
• It’s a chance to “feel like any other child” and forget about their worries for a while
• It gives children precious memories
• It allows brave parents a vital break

A Bit About Us

• We are a small charity with only nine staff
• But we were able to support almost 26,000 children in every county throughout the UK last year
• We receive NO government funding and rely completely on the kind support of people like you

PROVIDING Experiences designed to support the development of skills and confidence

PROVIDING Experiences designed to support the development of skills and confidence

CHALLENGING Children struggling with difficulties in their lives by removing barriers

SUPPORTING Children and their families with a break from the stress of ongoing care

SUPPORTING Children and their families with a break from the stress of ongoing care

ENABLING Children struggling with difficulties in their lives by removing barriers

SUPPORTING Children and their families with a break from the stress of ongoing care

We can arrange a special day out for as little as £10

So if you’d like your donation to help in your community, just ask.

ALL OF WHICH helps them build confidence!